THE TEACHERS

All teachers participating in the event are Experienced Circus artist and workers driven by the passion for flying and ready to share, guide, play and experiment together with you.

#1 GRAND VOLANT

Company

Grand Volant

Trajectory

Grand Volant was founded by Theodora Morcos Vasilaki, Dan Vasilaki, Alexandros Kalogeropoulos and Ilias Ilias in 2010 in Athens, Greece. Since then, the company has been touring around the world with its shows, while at the same time it has been creating and hosting the Grand Volant Festival, a yearly gathering of artists from all over the world.

Maria-Helena Morcos

Maria is a graduate from Lycée Français Jean Lurçat (G.S. Lycée) in Chile (Diploma in Dance) and has been training in Contemporary Dance, Ballet, Jazz and Acro Dance in Chile, Greece and Spain. She has been teaching Aerial Dance in Greece since 2010 and has been part of the company "Circo Circo Teatro" (Chile), "Circo Circo" (Spain), "Circo Circo" (Greece) and Grand Volant since 2011.

Vision

"We are a group of young circus artists based in Barcelona, sharing the same dream and effort age of life, which is doing what we love: The Aerial Dance Ballet, teaching, performing and teaching – which give us the possibility to fly without wings. We are striving for doing the most beautiful, useful and impressive jump, in the span of those ultra-fabulous in the impossible when seeing.

Professors

Maria-Helena Morcos

Dan Vasilaki

Ilias Ilias

Grand Volant Course

We want to offer an environment suitable for overcoming fear; learning to trust our self and each other; and to improve the coordination and body control high above the ground.

Trapeze Dance related to the example:

It doesn't matter if is the first time you try this discipline, or you did it before.

Our Classes are open to all levels. The only important thing is that you want to learn and have fun. Some basic knowledge in ballet dance is yourself and is work in group.

Everybody Can Fly!

You are ALL very Welcome!

#2 PETIT VOLANT

Collective

Circus Phoenix

Trajectory

Circus Phoenix is a non-collective specialised in aerial circus.

The movements here are big dances in the contemporaneous circus and the big Cha Cha Tango, Tchaikovsky, Pink Floyd, Circus Phoenix, Circus Phoenix, Circus Phoenix, Circus Phoenix, Circus Phoenix, Circus Phoenix.

Vision

"The madness for the air world created a bond between them and in 2014 they decided to create a collective, to get together and investigate all the possibilities of this addictive domain.

Professors

Jordi Mestanza

Marco Ros

Petit Volant Course

Initiation

They will learn the line of flight and departure of the platform, half turn and return to the platform. Basic knowledge in the trapeze, knowledge of and respiration is the matrices.

Intermediate

Time of departure, flight and reception to the mattress. Half turns and return to platform. Different passages to perform. Ketu is the matrices.

Advanced

Departure from platform. Flight and reception to the mattress. Half turns and return to platform. Passages to perform with risers, cascades and reverspiration.

#3 RUSSIAN CRADLE

Company

Compagnie Rêve

Trajectory

Deborah Colzani Trisano (Italy) and Jordi Berro: Robert both have a large background in circus arts, dance, theatre and martial arts. Deborah and Robert Circus productions Brisuela from Eric Vera. Robert has the collective La Compagnie Rêve, with which he has toured with the show Cirque Fantaisie. Have been formed in the technique of Russian cradle from Yuri Sakalov and Jean Ramon Brault.

Vision

"They are two apparently very different people, who come to be complementary and dive into the search of a common creative and acrobatic path, with the Russian Cradle as the protagonist.

Professors

Deborah Colzani Trisano

Jordi Berro Gilabert

Russian Cradle Course

Above all, the instructed lesson will be worked on:

Body position of the agile and base to perform simple flights. Variations of sequences and return to the platform of the base and the platform. Acrobatic throw and progressions will be worked on for the flyer depending on the level and necessities of progression.

We adapt to the levels of the student

Strength is necessary that the student has a good physical shape, and knowledge of the Russian Cradle or Aerial Training or Circus acrobatics training. It helps to have experience in hand to hand although it is not essential.

#4 SWINGING TRAPEZE

Company

Lady Scandal

Trajectory

Formed by **Yael Bakalon** she graduate in 2008 from ESAC in Brussels, specialized in Aerial Dance. Yael has been teaching Aerial Dance since 2008 and after she co-create with her colleague Kayeb and Angel the band **Ouefest** Company: successful company that is still working now since 7 years. Yael has been teaching Aerial Dance in Belgium, Spain and Greece for last years, and found interest and passion in the teaching so she brought her to improve in her own technical path.

Vision

"I have the strong conviction that to work well it is essential to acquire good bases.

Professor

Yael Bakalon

Swinging trapeze Course

Stronger are the bases, the easier is going to be for the flyer to adapt to different trapeze and to progress seriously. At beginning it is maybe not pleiter because really precise and Exercisual, but though is reason why is Yael been so in the trapeze.

#5 CLOUDSWING

Project

Cloudswing

Trajectory

After 15 years of Gymnastic, she graduate at **AKoFIT** in 2011. Valeria Cirillo has been teaching Aerial Dance since 2011 in different Circus and with different Circus companies like **Le Cirque du Plateau** (2011-2014), **Cirque Arcadin** (2012), **Les Triplettes** (2012- 2014), collaborates with the Circus School of Barcelona and Circus School of Sitges. Valeria has been part to two projects in Japan under the direction of the director **Kusunoki Aushita**. She is currently working with the company **Ma e Ma** in the show **Jamboree**.

Vision

"After being victim of a severe injury in 2014 from which she fully recovery, Cirillo will start a path towards a deeper understanding of the mechanics of the body and we renew personal search for the performative freedom within the technique of Cloudswing.

Professors

Valeria Cirillo Marcelli

Cloudswing Course

The power of Cloudswing: like all the swinging circus techniques, lies in the use of the body weight and momentum. Cloudswing is commonly a very regular rather dictated by the swing of the rope.

The course will adapt to the students level.

First thing first the basics: must be clean and strong! Though almost all in it seems like the technique itself leaves little space to personal interpretation, the reality is that it is in the personal interpretation of the technique in the respect of the characteristics of the technique. To break it's standards and find a way to search for more interpretative freedom and expression, is a long and difficult process, provoking the search for versatility and capacity of adaptation.

#6 FLOOR ACRO

Project

Tom Collins

Trajectory

Tom Collins, finished the Circus School of Lille in 2011. Began to work on acrobatics the "art circus-circus acrobatics" with **Mouthand Leperfect** in Lille and Paris.

I've worked with been circus companies **Ok Lapsus, Cirque Pardi, Jo Zelda Diamond** and dance companies **Cie Pierrick, Cie Gaulliam**.

Vision

"Find a way to marry dance and acrobatics.

Professors

Tom Collins

Floor Acro Course

Find where the movement comes from.

Body consciousness Where is acrobatics and dance meet? both through improvisation and writing. the objective is to make a journey through the movement and the body, from the anatomical knowledge of their individual qualities and develop their own language.

#7 RUSSIAN CRADLE

School

Pachamama Yoga

Trajectory

Silvia Bragari have 12 years experience as **Yoga Teacher** in **Pachamama center**.

In 2011 met the ex-racer **Thich Nath Hanh** and from this experience she decided to dedicate her life to the practice and teaching of yoga. She becomes an **Expert Teacher** in 2014 and she is now part of the official teaching staff of **Pachamama Yoga Teacher School**.

Vision

"When the mind, deeply focused in the practice, increases concentration and clarity, the body knowledge of the entire body, included the emotional and psychic levels.

Professors

Silvia Bragari

Yoga Course

Pachamama bellyrange practice has the goal to bring the body to overcome the limits and expanding his own physiology.

We will work through the asana study to the body of yoga all types, different poses and working after with the help of a partner.

#8 RIGGING

Company

Ex-Nihilo

Trajectory

Germain's experience

Germain's experience in the rigging begins with the assembly of circus equipment, then he specializes in rigging in stadium assemblies, suspension of aerial acrobatics and construction of structures. **Intermittently Freelancing in Industrial Rigging** and **Intermittently Freelancing in AERIAL** (Training Projects for Circus Artists) (and 5 years).

Vision

"An aerial Circus performer does not only have the responsibility to execute his or her technique perfectly or to go deeper in artistic research... an aerial circus artist is also a technician and a rigger, must grow to be more autonomous and self-responsible.
By now we are able to have information with higher and higher precision and speed, but we must continue investigating and analyze this information correctly, in order to raise the level of awareness in those who like to play dangerous games.

Professors

Germain Ferrier-Lemaire

Rigging Course

The objective of this course is to propose a knowledge based on rigging and the specific needs of this aspect in flight techniques.

Points such as: assembly of bars and structures, strong systems, Large Structures, Rigging for Aerial Dance Performances, basic knowledge for construction of particular rigging situations.

CONTACT US

Inscription are visible until the 20th of February.

Limited places, do not hesitate!

Reserve your place!

Write an mail to : projectcircusv@gmail.com